



learning today - leading tomorrow

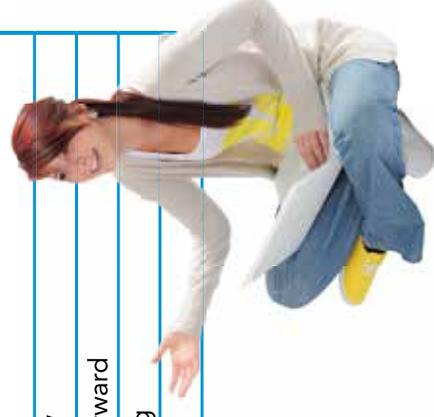
# Learning to Lead

*by developing character and promoting values*



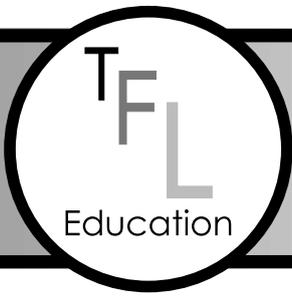
# Learning to Lead

A BORN TO LEAD		B TAKING THE LEAD		C BEING A GOOD LEADER	
A1	Born to lead	B1	Taking the lead	C1	Being a good leader
A2	Leader or tyrant?	B2	Why me?	C2	Dress to impress
A3	Heroes and heroines	B3	Knowing your worth	C3	Student leaders
A4	Leading or bullying?	B4	Having a belief	C4	Student leaders in action
A5	Why take the lead?	B5	Creating a vision	C5	Sporting leaders
A6	A worthy cause	B6	Team leading	C6	Coaching
A7	Humour – laughing and leading	B7	Learning to listen	C7	Emotional Literacy
A8	Optimism – singing in the rain	B8	Goal setting	C8	All aboard! – being inclusive
A9	Tolerance – respecting others	B9	Giving a speech	C9	Integrity – true to your word
A10	Marching to the beat	B10	The power of the pen	C10	Praise and blame
A11	Cults and gangs	B11	Perseverance – stick at it!	C11	Discipline – one rule for all
A12	Courage – being brave	B12	Dealing with difficult people	C12	Trusting others
A13	Thinking differently	B13	True to the cause	C13	Leading wisely
A14	Step forward – speak up	B14	Resilience – standing firm	C14	Loyalty
A15	Teamwork	B15	Problem solving	C15	Management skills
A16	Dealing with trouble	B16	Enterprise – the first move	C16	Empathy
A17	Building trust	B17	Motivation	C17	Taking risks
A18	Self-esteem	B18	Knowledge is power	C18	Beating the ‘blues’
A19	Honesty – tell it as it is	B19	Being assertive	C19	Failure – a step forward
A20	Responsibility – your call!	B20	Credibility	C20	Chairing a meeting
A21	The big moment	B21	We are all leaders	C21	Pass it on



# CONTENTS

A1	Born to lead	1
A2	Leader or tyrant?	7
A3	Heroes and heroines	13
A4	Leading or bullying?	19
A5	Why take the lead?	25
A6	A worthy cause	29
A7	Humour – laughing and leading	35
A8	Optimism – singing in the rain	41
A9	Tolerance – respecting others	47
A10	Marching to the beat	55
A11	Cults and gangs	61
A12	Courage – being brave	69
A13	Thinking differently	75
A14	Step forward – speak up	81
A15	Teamwork	87
A16	Dealing with trouble	95
A17	Building trust	101
A18	Self-esteem	107
A19	Honesty – tell it as it is	113
A20	Responsibility – your call!	119
A21	The big moment	123



**Born to lead**

SAMPLE

## Introduction

This unit is entitled '**Born to lead**' and aims to help you develop an understanding of:

- The different pathways into leadership

By the end of the unit you should recognise:

- That leadership skills and behaviour can be learned

## Activity – Know your place

In order to familiarise yourself with your potential for leadership your teacher will ask you to choose a position in the leadership line. Your teacher will invite you to stand up and take your place in this imaginary line.

Will never lead

Will lead sometimes

Will be a leader

|\_\_\_\_\_|

## Reflection

Think of two reasons why you chose your position in the leadership line. Write your response in the box below.

I chose my position in the leadership line because...

1.

2.

*Let's explore some of the possible reasons for your choices.*

## Activity – Follow the leader 1

1. Divide into teams of four.
2. Your teacher will distribute a pack of Fact, Name and Picture Cards.
3. Familiarise yourselves with the content of the cards.
4. Start the game. You have 10 minutes to match the correct Name Card with the appropriate Fact Card and Picture Card.

## Theory – Pathways to leadership

Throughout the years there have been many attempts to try to explain how and why certain people become leaders. We are going to look at **three pathways** to leadership before exploring a fourth way that we have called **learning leadership**.

### Inherited Leadership

Leaders emerge as either a direct or indirect consequence of the social or economic status of their parents or family. In other words, some people are born into powerful families, and therefore inherit a certain amount of power from their family's reputation. The obvious examples can be found in monarchy. One day perhaps, England's Prince William will become King. The same pattern of inheritance also occurs in business. Think of the number of companies which have '..... & Sons' in their title.

### Great Events Theory (Opportunity)

*'Cometh the hour, cometh the Man'* John 4:23. Personal leadership qualities, not previously recognised, can often become apparent at a time of challenge. Times of war, competition, suffering and emergency are often the backdrop to heroic leadership. Sir Winston Churchill; Muhammad Ali; Gandhi and The New York Fire Department (9/11) are examples of leaders who have emerged from challenge.

### Trait Theory

Leaders may be born with traits that naturally lend themselves to leadership roles. Much attention has been given to discovering these traits, often by studying successful leaders. The assumption is that, if other people could be found with these traits, then they too could become leaders. Examples of traits might be seen in a person who is: adaptable to situations; alert to his/her social environment; self-confident and willing to assume responsibility.

*Let's look at our Name Cards again. Can we identify the pathway taken by each of our leaders?*

## Activity – Follow the leader 2

1. Your teacher will now give each team three Pathways Cards.
2. They are entitled Inheritance, Opportunity and Traits.
3. Decide with your team the pathway that each of your leaders may have chosen.
4. Place the Name Cards on top of the appropriate Pathway Card.

## Reflection

Look at the three Pathway Cards. Which has attracted the largest number of Name Cards? Why do you think this might be?

The Pathway that has attracted the most cards is...

I think this is because...

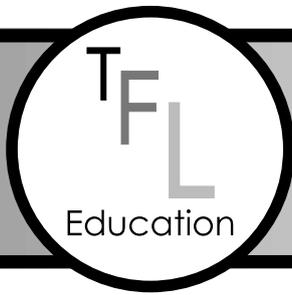
The different pathways suggest that leaders can:

- Inherit leadership positions
- Emerge as a result of a great event
- Be born with leadership traits

*These three options might not provide your pathway to leadership. But, there is a fourth theory that suggests that the skills of leadership can be learned.*

- Learning to lead

*Now, this is an option for you!*



## Conclusion to the unit

Today we have explored the idea of whether leaders are born or if they learn leadership skills. Hopefully you should now be aware that both pathways into leadership are possible. However, for you, learning leadership skills and developing personal qualities are REAL options that this course promotes.

## Extension activity

Discuss what you have learned in today's lesson with your family and friends. Find out who they believe to be important leaders. Choose a leader and create a Fact Card and Name Card for our *Follow the leader game*.

Bring the Fact Card and Name Card with you to the next lesson.

SAMPLE